

## Key Indicator - 7.2 Best Practices

7.2.1: Describe two best practices successfully implemented by the Institution as per NAAC format provided in the manual.

Response

### Best Practice - 1

**Title:** For the sake of the students the Institution has been providing **Mid - Day Meals** to stay in the Institution to continue their listening to the classes till the end of the afternoon session.

#### Objectives:

The Specific objective of the **Mid - Day Meals** programme is to provide some food to the students to continue their studies from morning to evening on every working day of the institution.

Providing **Mid - Day Meals** for the students aims to

- Increase the attendance percentage of the students
- Increase the number of admissions of the Institution
- Increase the practical skills, competitive skills, learning skills of the students
- Conduct the Personality development, Career guidance programmes, legal awareness programme etc.
- Encourage the students to participate in sports and cultural activities.
- Make aware the importance of physical fitness.
- Increase the percentage of results of the institution.

#### Context:

The students who come to our institution belong to the economically backward class. Due to this they used to stay in the post-metric hostels which are governed by the Government. But these hostels are nearly 4 km away from the institution. Along with this there is no transport facility from the hostels to the Institution.

Therefore they usually come to college on foot only. If the lunch happens to be ready before they start to come to college then only they bring lunch boxes. In our observation we came to know that most of the students did not bring lunch boxes. Therefore they are not able to continue their studies in the afternoon session. It causes so much pain to us.

By this observation the staff of our Institution decided to provide **Mid - Day Meals** to the students to improve the practical knowledge of the science students, learning abilities of the students, develop the competitive skills of the students etc.

## The Practice:

When we came to know that the students are not able to continue their listening to classes with their starving stomach from 09:00 am to 04:30 pm. The institution has decided to arrange some food for their starving stomachs to continue their studies till 04:30 pm of that working day. We calculated the amount approximately is Rs 2500 per day for 200 students for providing food like tomato rice, khichdi, zeera rice, curd rice, lemon rice etc.

After calculating the amount per day we met the philanthropists to collect the donations. We brought this information into public through social media like facebook, whatsapp etc. Some philanthropists donate the amount for 1 day or 2 days or 8 days like this whatever they wanted to donate.

At last one fine day we successfully started the free mid-day meals programme i.e. on 03.03.2020 by the hands of Mrs. Shyamala Devi, Deputy Collector, Mancherial. On this day we provided lemon rice for 215 students with the help of the donors. On the second day i.e on 04.03.2020 we provided khichdi for 174 students. On the third day i.e. on 05.03.2020 we started cooking our own with the help of our staff. On this day we provided tomato rice with soup for 183 students. On the fourth day i.e. on 06.03.2020 we provided rice with sambar for 185 students. On the fifth day i.e. on 07.03.2020 we provided tomato rice for 187 students. On the sixth day i.e. on 09.03.2020 we provided zeera rice for 191 students. On the seventh day i.e. on 10.03. 2020 we provided rice with brinjal curry for 193 students. On the eighth day i.e. on 11.03.2020 we provided curd rice for 194 students. On the ninth day i.e. on 12.03.2020 we provided khichdi for 196 students. On the tenth day i.e on 13.03.2020 we provided tomato rice for 196 students. On the eleventh day i.e on 14.03.2020 we provided rice with sambar for 195 students.

Our staff contributed their valuable services in cooking and cleaning utensils. Everyday we displayed the name of the donor on the banner and informed the donor through social media. Our staff, print media and social media played an important role in bringing this information into public.

## Evidence of Success:

We have witnessed huge improvement in the attendance of the students. Mid-day meals programme provides us to spend more time with the students in the aspects of their personality development, health & hygiene, career guidance, enhance their learning skills, societal movement, situation handling etc. we have more time to clarify their doubts. This programme gives opportunity to know the reasons behind the dropouts of the students. In our leisure time we always interact with the students to develop student teacher relationships. By

conducting this programme we get a chance to concentrate on the duller students, it helps us a lot to improve the results of the institution.

The mid-day meals programme gives a great opportunity to bring all round development of the students. Due to the availability of the students in the afternoon session also there is a chance to conduct more student centric programmes without causing any disturbance to the regular academic activities. We motivate the students to continue their higher studies. The mid-day meals programme also gives us an opportunity to know the interesting fields of the students to bring out their hidden talents and guide them in the right path.

### Problems Encountered and Resources Required:

The institution was launching this mid-day meals programme with the strong dedication to do something for the welfare of the students. But we have a lot of doubts about the success of this programme in a continuous process because there is no provision for providing food to the students, then how can we meet the expenditure for this programme? Initially our staff contributed some amount and their valuable services like cooking, cleaning utensils etc to start the programme before meeting the philanthropist to collect the donations.

Our staff and print media also help to bring this programme into public. We consult the philanthropist and explain to them about this programme, and ask them to donate some amount whatever they want to take this program in the continuous process. Most of the philanthropists respond positively. We display the name of the philanthropist who donated the money for that day and it was informed to them through the phone.