

TARA GOVERNMENT COLLEGE(A), Sangareddy



ACTIVITY REPORT BHAGYA CLUB



Submitted by

Bhagya Club

TARA GOVERNMENT COLLEGE(A), Sangareddy



Bhagya club is one among all the committees of degree college for the benefit of students. In our college Bhagya club was established in the year 2016.

Aim and Objectives of the club

- To bring awareness among the students about the importance of healthy food for better health.
- To know the health status of the students and guide them in the proper way.
- To provide minimum facilities for the betterment of students' health.

Committee

R.Shiva Deepti, Assistant professor of chemistry	Convener
P.Ratan Kumar, Assistant professor of physics	Member
Dr.K.Jyothi, Assistant professor of microbiology	Member
N.Ramulu, Assistant professor of microbiology	Member
L.Vinoda, Lecturer in History	Member
I.Sandhya, Lecturer in Telugu	Member
M.Bhavana, Lecturer in Mathematics	Member



ACTIVITIES

S.No.	Year		Date
1	2016-17	Adolescent Health & Nutrition	12-01-16
2	2016-17	Health-Check up	05-02-16
3	2016-17	Health & Nutrition	26-11-16
4	2016-17	National de-warming day	14-02-17
5	2017-18	Health check up	26-10-17
6	2018-19	De-warming day	19-08-18
7	2018-19	Telangana nutritional food festival	25-02-19
8	2018-19	Science day	28-02-19
9	2019-20	M.N.R dental health camp	06-09-19
10	2019-20	Nutritional day	20-09-19
11	2019-20	World AIDS day	01-04-19
11	2020-21	Vaccination drive	6-9-21 to 13-9-21
12	2021-22	Free health camp & Gynecologist consultation	01-04-22
13	2021-22	Basic Life Supportive Certificate Course	21-04-22
14	2021-22	Doctors day	22-06-22



15	2022-23	Health check-up	23-7-22
16	2022-23	Health check-up	1-9-22
17	2022-23	Dewarming tablets distributin	15-9-22

ADOLESCENT HEALTH & NUTRITION

Date: 12-01-16

No.of students attended: 109



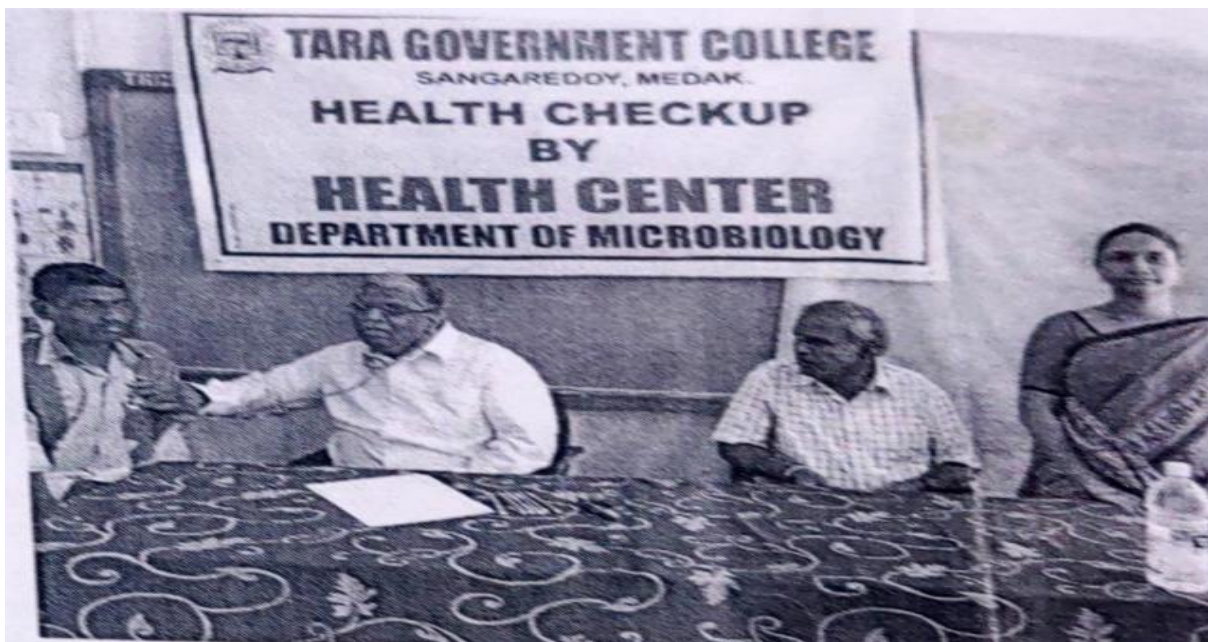
The programme was to bring awareness related to adolescent health, growth and development issues among students. In this programme students have learnt preparation of sanitary napkins and their safe disposal procedures. The students got information about commodities and services at Primary Health Centre (PHC), Community health centre (CHC), District Hospital (DH).



HEALTH-CHEK UP

Date:05-02-16

No.of students attended: 138



Doctors visited college:

Dr. Shashank, Medical officer, PHC, Kandi

Dr. Sarala, DH, Sangareddy



Dr.Sangameswar, Urban Health Centre, sangareddy.

Dr.Bhavani, Urban Health Centre, Sadasivpet

Students got tested for Body Mass Index, BP, Hb and they have been distributed with folic acid tablets. Doctors have suggested them medication if required.

HEALTH AND NUTRITION

Date:26-11-2016

No.ofstudents:137



The programme was to bring awareness among the students about nutrition and its impact on health. Healthy food habits ,systematic life style were



concerned more in this programme. Principal Rajendar kumar chaired this programme.

NATIONAL DEWARMING DAY

Date:14-02-2017

No. of students attended:61



The purpose of this programme is to reduce prevalence of soil-transmitted helminths(STH) commonly known as parasitic intestinal worms among all children and adolescents. The programme was chaired by principal(FAC) Rajender kumar and co-ordinated by Deva Vani, Assistant professor of



microbiology. Dr.Karunakar,Assistant professor of chemistry(IQAC Co-ordinator),Ramesh babu,Assistant professor of zoology and other teaching and non teaching staff attended this programme. Students of B .A.,B.Sc.,B.Com. attended this programme. Co-ordinators from health centre had distributed Albendazole tablets to the students.

HEALTH CHECK-UP

Date: 26-10-2017 to 28-10-2017

Number of students: 190



The programme was aimed at knowing the health status of students and suggesting them the things to do. The programme was chaired by Rajender Kumar, Principal (FAC) and organised by Deva Vani (Assistant



professor of microbiology)(Bhagya club convener).Lavanya(Assistant Professor of Chemistry), Rathna Prabha(Assistant professor of Zoology)and others joined the programme. Approximately 200 students benefited with this programme. Height, Weight, BMI, Hb%, Blood group tests were done for them.

DE-WORMING DAY

DATE: 19-08-2018



Tablets distributed are:

Albendazole

Di ethyl Carbamazine

This programme is to bring awareness among students and to reduce the prevalence of Soil-Transmitted helminths (STH), commonly known as intestinal worms and their related diseases in children and adolescents. The programme is organised by BHAGYA CLUB in association with Primary health centre. Co-ordinators from health centre had distributed Albendazole tablets to all B.A., B.Com., B.Sc. students.

The Co-ordinators from primary health centre are Miss. Sarala and Smt. Jaya laxmi ICDS supervisor.



TELANGANA NUTRITIONAL FOOD FESTIVAL

Date:25-02-2019





The purpose of this programme is to bring awareness about the traditional food of this area and to highlight the nutrient values in the traditional food. This programme is chaired by Dr. Chandra Mukherji, Principal and all the faculty, non-teaching staff participated in the programme. Some students have prepared and brought different food items. Judges for this programme had given marks to the food items based on nutrient values, cost of preparation, easy of preparation and winners were given by prize to encourage.

SCIENCE DAY

Date: 28-2-2019





On the occasion of science day Bhagya club in association with department of microbiology organised a programme where micro biology students have conducted blood grouping and blood haemoglobin tests to other students and also they have explained about bacterial cell culture and their role in causing diseases.



MEGA MEDICAL CAMP

DATE: 06-11-2019

Number of students:412



Mega medical camp is organised by Bhagya club in association with M.N.R dental hospital. This programme was inaugurated by Dr.B.Chandra Mukherji, Principal and co-ordinated by Bhagya club convener. All the teaching and non-teaching staff were participated in this programme. The programme was aimed at knowing the status of dental health of the students individually and making them to take proper medication and to treat. Nearly 412 students got benefited with this camp.

Doctors from MNR dental hospital who has given their services in this camp are:

Dr. Jaya Prakash

Dr. Madhav

Dr. Vijay Kumar

Dr.Harsha

Dr.Ramesh

Dr.Prakash Rathod

Dr.Rupa Rani

Chalapathi Rao(A.O.)



NUTRITIONAL -DAY

Date:20-09-2019



It is to bring awareness about **Poshan Abhiyan** programme. The programme was chaired by Dr. Chandra Mukherji, Principal and the chief guest was Child and Women Welfare officer Padmavati. The programme was organised by Bhagya Club in association with NSS and Child and Women Welfare department. They spoke about the importance of greeny vegetables and fruits in bringing nutrients to our body and to keep us healthy.



WORLD AIDS DAY

DATE: 01-12-2019



District Registrar Office Sangareddy
Prashanth Nagar Colony, Balaji Nagar, Sangareddy, Telangana 502001, India

Sangareddy
Telangana
India

29°C
84°F

2019-11-30(Sat) 01:32(pm)



District Registrar Office Sangareddy
Prashanth Nagar Colony, Balaji Nagar, Sangareddy, Telangana 502001, India

Sangareddy
Telangana
India

29°C
84°F

2019-11-30(Sat) 01:23(pm)

This programme was chaired by Dr. B. Chandra Mukherji, Principal and organised by science club. The programme was aimed to bring awareness to



students about different modes of AIDS transmission and the preventive measures.

DATE: 06-09-21 to 17-09-21

VACCINATION - DRIVE



This programme is to facilitate all the stake holders of the college with vaccination during pandemic. With the help of DMHO and Upper primary health centre ,Indira nagar special vaccination drive was conducted for the benefit of students. With this 729 college stakeholders got benefited. During the second wave when the entire city was in panic state the college campus was given for vaccination drive. Dr. N.Gourishankar, DMHO , ANM's, DEO's had given their services during this drive.



FREE HEALTH CAMP AND GYNECOLOGIST CONSUTATION

DATE :01-04-22





'తారా' కళాశాలలో మెగా హెల్త్ క్యాంప్

సంగారెడ్డి కలెక్టరేట్, ఏప్రిల్ 1: తారా ప్రభుత్వ అటానమస్ కళాశాలలో శుక్రవారం మెగా హెల్త్ క్యాంప్ నిర్వహించారు. మెడికోర్, శ్రీబాలాజీ దవాఖాన, తారా కళాశాల భాగ్య క్లబ్ సంయుక్త ఆధ్వర్యంలో నిర్వహించిన వైద్య శిబిరానికి విద్యార్థులు హాజరై ఆరోగ్య పరీక్షలు చేయించుకున్నారు. మొత్తం 183 మంది విద్యార్థులకు వైద్య పరీక్షలు చేశారు. టీపీ, షుగర్, రక్త పరీక్షలతో పాటు వారికి అవసరమైన పరీక్షలు ఉచితంగా నిర్వహించారు.



విద్యార్థులకు వైద్య పరీక్షలు చేస్తున్న ప్రముఖ వైద్యురాలు శైలజ

చారు. సంగారెడ్డి శ్రీబాలాజీ దవాఖాన వైద్యురాలు శైలజ ఆధ్వర్యంలో ఈ వైద్య పరీక్షలు నిర్వహించారు. డైటీషియన్ భావన విద్యార్థులు తీసుకోవాల్సిన ఆహారంపై పలు సూచనలు, సలహాలు చేశారు. కళాశాల ప్రిన్సిపాల్ ప్రవీణ మాట్లాడుతూ

దురదృష్టవశాత్తూ పాటు అన్ని అంశాలపై జాగ్రత్తలు తీసుకుంటున్నామని వివరించారు. కార్యక్రమంలో భాగ్య క్లబ్ కన్వీనర్ శివదీప్తి, బాలాజీ దవాఖాన వైద్య సిబ్బంది, కళాశాల అధ్యాపకులు, విద్యార్థులు పాల్గొన్నారు.

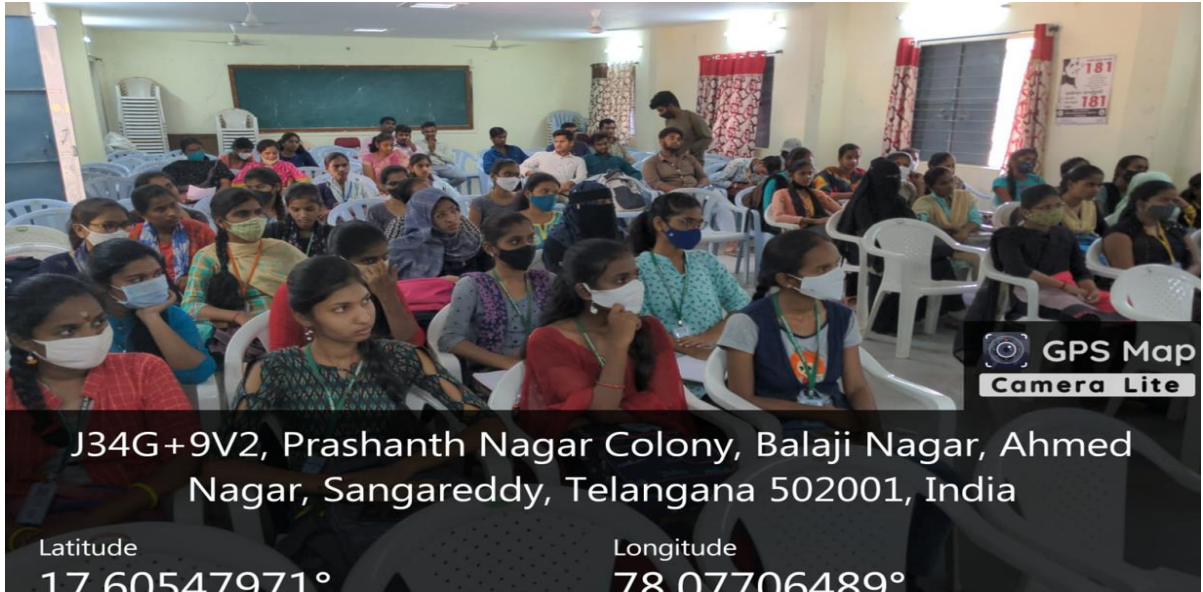
This health camp was organised by Bhagya Club in association with Sree Balaji Medicover hospital . This is post MOU activity. All students were tested for BMI value, Hb level, Sugar levels, BP. Students have consulted Physician, Dietician. Required students have been provided with gynecologist consultation. Nearly 150 students were benefited with this camp. Students with Hb level less than 10 are in single digit number. Some students have eye problems. They were given suggestions with experts. Nearly 40 students were provided with gynecologist consultation.

- Doctors, nurses, technicians who has given their service in the camp are:
- Dr. Shailaja, gynecologist
 - Dr. Akbar, physician
 - Dr. Bhavana, dietician
 - Mahender, lab technician
 - Saikumar, lab technician,
 - Shiva Kumar, LAB technician



BASIC LIFE SUPPORTIVE COURSE

DATE: 21-04-2022



In collaboration with Shree Balaji Medicover Hospital Bhagya Club has organised a certificate course duration. Smt. Praveena, FAC(Principal) inaugurated the session and the resource person Md. Syed Akbar (Emergency physician). Smt. Shiva Deepti, Bhagya club convener and all the members of Bhagya club co-ordinated the programme. Resource person explained about Basic first aid, Snake bite, Burns, Chemical spill, Heart stroke, Cuts & finger pressing in machine, CPR, Medical Emergency etc and shown demo on mannequin. Nearly 80 members taken the course. Duration of course was six hours along with practical session. The students were tested on the mannequin how they respond during emergency and provided with certificate course.



DOCTORS DAY

Date:22-06-22

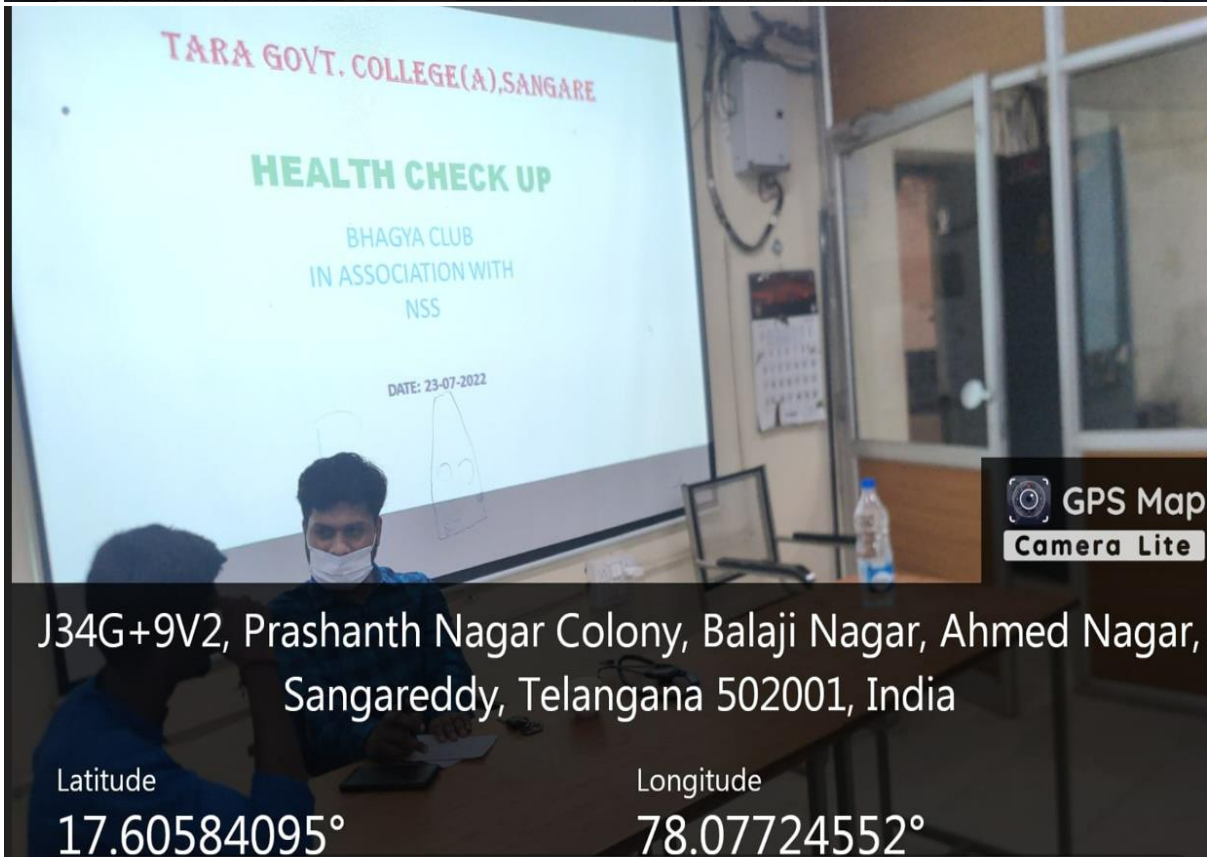


Bhagya Club organized Doctor's Day Programme . The programme was to facilitate doctors who plays vital role in the society. The programme was chaired by M.Praveene(FAC Principal).Guests were Dr. K.Anil Kumar,Medical officer IITH and Dr. Adithya Reddy, Medical officer,PHC.Dr. Anil Kumar while speaking has told how the doctor's day concept was started.



HEALTH CHECKUP

Date:23-7-22



TARA Government college, sangareddy				
Bhaya Club & NSS				
Date- 23-07-2022				
Activity HEALTH CAMP				
S.No.	Name	Year	group	signature / Feedback
1	S. Swathi	I year	M.S.C (physics)	S. Swathi (good)
2	A. Parvathidevi	II year	M.S.C (physics)	A. Parvathidevi (good)
3	O.Narmada	I year	M.S.C (physics)	O.Narmada (good)
4	Sai (Amundekuni)	I year	M.S.C (physics)	Sai (good)
5	P. Krishna Bhavani	I year	M.S.C (physics)	P. Krishna Bhavani (good)
6	P. Krishnaveni	Ist year	M.S.C (physics)	P. Krishnaveni (good)
7	H. Prithvi	IIIrd year	B.A. (H.E.P)	H. Prithvi
8	E. Pranshu	IIIrd year	B.A. (H.E.P)	E. Pranshu
9	A. Sowjanya	IIIrd year	BA HEP	A. Sowjanya (like)
10	E. Vidyasagar	IIIrd year	BA HEP	E. Vidyasagar
11	A. Srikanth	IIIrd year	BA HEP	A. Srikanth
12	D. Vilhal	IIIrd year	BA HEP	D. Vilhal
13	Ch. Darshan	IIIrd year	B.Sc (B.P.C)	Ch. Darshan
14	K. Vasupriya	I year	M.S.C (Physics)	K. Vasupriya (Good)
15	G. Geetha	IIIrd year	BA HEP	G. Geetha
16	D. Archana	IIIrd year	BA (H.C.P)	D. Archana



J34G+9V2, Prashanth Nagar Colony, Balaji Nagar, Ahmed Nagar, Sangareddy, Telangana 502001, India

Latitude
17.60594643°

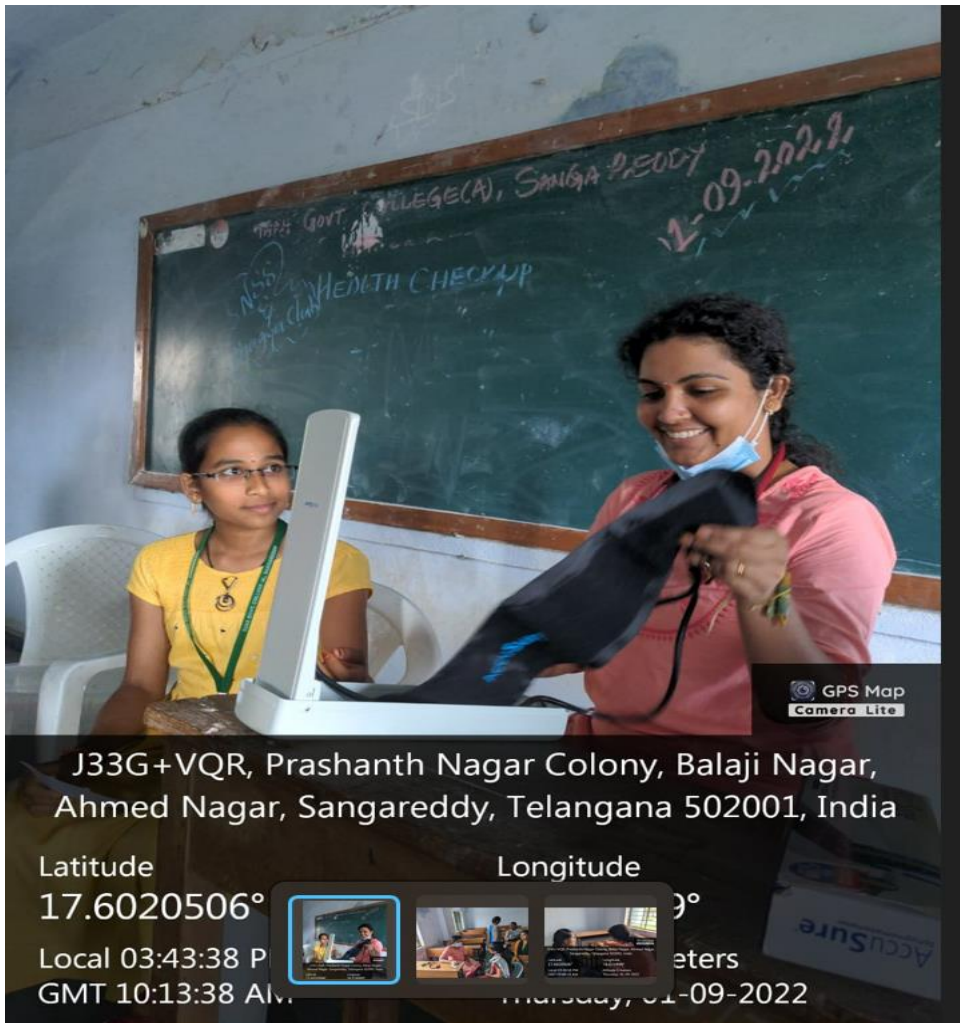
Longitude
78.07721956°

Dr. Adithya Reddy and Dr. Snigdha reddy visited the campus. Around twenty students consulted the doctor.



HEALTH CHECKUP

Date: 1-9-22





GPS Map
Camera Lite

J33G+VQR, Prashanth Nagar Colony, Balaji Nagar, Ahmed Nagar,
Sangareddy, Telangana 502001, India

Latitude
17.6020506°

Longitude
78.074999°

Local 03:18:18 PM
GMT 09:48:18 AM

Altitude 0 meters
Thursday, 01-09-2022



Student consulted doctors

TARA Government college, sangareddy				
Bhaya Club				
Activity	Health check up - Doctors visit			Date: 1/9/22
S.No.	Name	Year	group	signature
1.	P. Gopal	III rd year	Bsc (mccs)	P. Gopal
2.	M. Rama	2 nd year	Bsc (mccs)	M. Rama
3.	S. Sony	2 nd year	Bsc (MCCS)	S. Sony
4.	J. Varalakshmi	2 nd year	Bsc (mccs)	J. Varalakshmi
5.	T. Bhavani	2 nd year	Bsc (mccs)	T. Bhavani
6.	S. Barsha	2 nd year	Bsc (mccs)	S. Barsha
7.	B. Manasa	II nd year	B.A (HEP)	Manasa
8.	P. Archana	II nd year	BA (H.E.P)	P. Archana
9.	G. Geetha	II nd year	BA (HEP)	G. Geetha
10.	G. Sandhyarani	II nd year	BA (HEP)	G. Sandhyarani
11.	P. Kavya Sree	II nd year	B.A (HEP)	P. Kavya
12.	Sindhu	II nd year	B.A (HEP)	Sindhu
13.	Y. Keesthana	II nd year	B.A (H.E.P)	Y. Keesthana
14.	Poojaveen	II nd year	B.A (HEP)	Poojaveen
15.	M. Devika	II nd year	B.A (HEP)	M. Devika
16.	A. Sriyani	III rd year	BA (HEPA)	A. Sriyani
17.	R. Vijaya	III rd year	Bsc (H.C)	R. Vijaya
18.	Ch. Rahul	III rd year	BA (HEP)	Ch. Rahul
19.	Y. Mahipal Yadav	III rd year	BA (H.S.P)	Y. Mahipal
20.	P. Kishithkumar	II nd year	BA (HPP) Efm	P. Kishithkumar

feedback .
 suggested medication.
 suggested medication
 good medication suggestion
 Good
 Nice
 Good
 Nice
 Good
 good
 Nice
 Very nice
 Very Good
 Good
 Very Good
 Very good.

Doctors Adithya reddy, Sneha Reddy visited campus. Approximately twenty students consulted doctor.



Distribution of de warming tablets to the students

Date:15-09-22

The programme is chaired by Praveena (FAC principal), Chief guest is Dr.Gayatri(DMHO) and was organised by Bhagya club. Albendazole tablets are distributed to students of 18years old. Over 100 students benefited with this programme.



District Registrar
Office Sangareddy
జిల్లా రిజిస్ట్రార్...

J34G+9V2, Prashanth Nagar Colony, Balaji Nagar, Ahmed Nagar, Sangareddy, Telangana 502001, India

GOVERNMENT
DEGREE & PG...
TARA
గవర్నమెంట్...

MARE...
మార్...

Sangareddy
Telangana
India

25°C
77°F

2022-09-15(Thu) 12:04(PM)

Google



